



SENSORY PROCESSING

Remember that what will appear to be acceptable to the majority may be very distressing to pupils with sensory processing issues.

Strategy 1:

Allow and encourage frequent movement breaks - ask the pupil to carry something, give out or collect in books/resources.



Strategy 2:

Allow the pupil to have their bag on their back wherever appropriate.



Strategy 3:

Be aware of noise levels - some pupils cannot manage noise or quiet!



Strategy 4:

Some pupils will need very careful seating arrangements and may need to be near the door, near the window, at the back or at the side of the room for various reasons including proximity to others, light, smell, heat, noise.



Strategy 5:

Ensure that the pupil has heard and understood instructions and tasks as they may struggle if preoccupied with an environmental issue.



Strategy 6:

Pupils with sensory processing issues can become very overwhelmed very quickly but often try to mask this, resulting in them displaying what appears as poor behaviour. If a pupil is struggling try asking what would make them more comfortable in the classroom? What do they need to be able to get on with their work?

